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presents



THERA Integrative Medical Clinic

Special Clinical Focus:

- Preventative health care and immune system check
- Biological tumour treatment
- Cell symbiosis therapy (CST)
- Live cell whole extract therapy (FZGE)
- Therapeutic apheresis (TA)
- Hyperthermia

Head of the Thera Integrative Medical Clinic



Dr Ralf Heinrich is a specialist in prevention / care / diagnostics in Berlin. Here, as a **naturopath**, he is the **Head of the Thera Integrative Medical Clinic**.

At the THERA Integrative Medical Clinic, Dr Heinrich and his team place great store in treating the entirety of the patient's body, mind and spirit. Only in this way can diseases, exposures or deficiencies, which play a role on all three levels, be properly recognised and treated.

Here, Dr Heinrich's highest goal is to provide an individual and holistic treatment, which restores the body to a healthy balance in a natural and gentle manner.

Both for preventative health care and for general practitioner care, the THERA Integrative Medical Clinic is the right and most capable partner. As a private medical establishment, the Clinic can only charge private health insurance funds.

Since as early as 1984, Dr Heinrich has been concerned with the so-called holistic consideration of health and disease. Accordingly, he was initially active as a naturopathy, homoeopathy and holistic medicine therapist, as well as working in cardiology, internal medicine, surgery and neurology. In 2005, Dr Heinrich also took up a position as the sports physician for the record-holding Alba Berlin Basketball Club.

He founded the Holistic Medical Clinic in the same year, which has evolved into the THERA Integrative Medical Clinic of today. Currently, two doctors and ten employees work here.

The emphases of Dr Heinrich in Berlin include the prevention of chronic conditions and diseases, as well as the biological treatment of tumours. This can be performed concomitantly with conventional treatment or if a patient is considered to be "beyond treatment" in terms of conventional medicine.

More and more cancer patients are choosing a biological tumour treatment as they recoil from conventional medical cancer therapy due to its severe side-effects, its risks or its ineffectiveness.

Meanwhile, Dr Heinrich can draw on a great store of experience, thanks to his long-standing daily dealings with cancer patients. From this developed a therapeutic concept, which has become a part of the standard at the THERA Integrative Medical Clinic.

Since 2008, Dr Heinrich has been a consultant for the Academy for Cell Symbiosis Therapy and he trains doctors and non-medical practitioners in complimentary medicine.

He was awarded the degree of Master of Arts in 2013, following his thesis in Complementary Medicine and Cultural Sciences, with the title "The Treatment of a Breast Carcinoma Using the Techniques of Biological Medicine".

He has been a Reader at the Academy of Health and Sports in Berlin since 2014.



Diagnostic Services

- **Health care**

The health care within integrated health examinations always plays an important role in THERA's medical practice. The clear objective is to discover serious illnesses as early as possible or to compensate for regulation disorders before a disease manifests itself.

Performing health care at THERA clinic means conducting investigations, within the possible scope, considering each individual case and what is pertinent for each person.

They place great emphasis on appropriate investigation techniques and finding out the "weak points" of the body, with the appropriate interpretation of the findings together with the patient, to find the right

therapy for the patient.

- **Heavy metal exposure test**

Heavy metals, especially mercury, may threaten the health in higher concentrations. As a result, often non-specific symptoms such as headache, tiredness, fatigue, susceptibility to infections are observed, among others.

Heavy metals lead to functional limitations of many metabolic processes, especially in the mitochondria.

What is the process for dealing with heavy metals? First, a so-called chelating agent is added to the body by infusion. Chelates are substances that safely bind the heavy metals and bring them to excretion. The chelates bind metals in the tissues of the whole organism and excrete them via the kidneys in urine. Then, the urine is collected and a sample tested in the laboratory. The results are usually ready after about 1 week.

- **Global diagnostics**

"Global Diagnostics" measures the energetic state of the body by physical methods.

Then, the measured data of the patients is evaluated and a kind of stock-taking, a snapshot of the current energy status of the body, is created.

The Global Diagnostics provides the therapist bases for his/her diagnosis, opening the doors for an optimal sequence and intensity of treatment steps. He/she can recognize and track how the therapy tolerability of his/her patients is, so as not to burden the individual with unnecessarily strong therapies.

- **Laboratory tests**

Before each treatment a diagnosis must be made and laboratory tests are required as an integral part of the diagnosis. They have long been established as a standard in the conventional medical practice. Through laboratory diagnostics, suspicions are confirmed or refuted, providing security and clarity. It is also present in the biological practice, there is no way around it - Laboratory investigations are an essential cornerstone of diagnosis.

- **Immune system check**

Basics

The immune system checkup is used to analyze the current state of one's body's defenses. These defenses consist of many different "departments", that are closely interrelated and are also referred to as "immune network". This network consists essentially of two main components:

The immune system and diseases

If the immune system is out of balance, the performance in maintaining the integrity of our body can be seriously compromised. As a consequence, you will develop more and more diseases. A well-known and dramatic consequence of immune system unbalance is the increasing incidence of allergies and cancer cases.

- **Ultrasound**

Ultrasound or "ultrasonography" is an imaging method for the representation of internal organs by means of ultrasonic waves.

Ultrasound is painless, easy and makes it possible to detect irregularities in the soft tissue structures as well as in their functions.

THERA's team performs ultrasound examinations of the thyroid gland, heart and blood vessels, as well as the abdominal and pelvic organs.

Kidney and gall stones are easily drawn up, the risk of colic emergence is assessed, as well as the structure and size of the abdominal and pelvic organs. Pathological organ changes, the state of the blood vessels, the assessment of cardiac function and much more are detectable.

They complement the ultrasound, when needed, by the color Doppler method to determine blood flow velocities, to discover or to judge heart (flip) error, narrowing (stenosis), closures or short-communications (shunts).

- **ECG and lung function test**

With their modern diagnostic equipment, THERA carries out exams such as ECG, exercise ECG and pulmonary function tests.

- **Bowel function**

In case of sickness, one question should be asked: Does the immune system play a role in it?

If affirmative, certainly the intestine is involved. Approximately 70 to 80% of all immune cells are located in the gut (in the so-called Peyer's patches), where they are trained for their various functions in the body.

Laboratory tests

THERA's team works with detailed blood and stool laboratory tests, for they allow a clear evaluation on the functioning of the intestine.

For example, in the case of bowel malfunction, for whatever reason, there is the risk for the so called "Leaky gut syndrome". In this disease, the macroscopic connecting bridges between the individual cells of the intestinal mucosa get bigger due to chronic inflammatory stimuli.

Examination of stool flora

A fecal flora analysis allows conclusions on the state of the intestinal flora. In normal cases, an intact microflora is always found. A reduced (good and necessary) or an increased detection of unwanted germs can be interpreted as abnormal flora conditions.

The intestinal flora investigation is, in addition to the specific parameters aforementioned, useful in the detection of many diseases. For example various gastrointestinal disorders such as bloating and constipation, diabetes mellitus, burn-out, allergies, fibromyalgia and cancer.



Therapeutic Services

- **Therapeutic apheresis**

The therapeutic apheresis (TA) is a recognized treatment method and is carried out at Thera Clinic as part of an integrated treatment approach. It is a particularly innovative form of plasma cleaning and immunomodulation, especially in chronic diseases for which the cause is often unknown.

Therapeutic Apheresis (from the Greek apherein = disconnect), commonly referred to as dialysis or blood purification method, is a method of extra-corporeal removal of pathogenic or surplus components (proteins, protein-bound substances and cells) from the patient's blood or blood plasma.

These pathogens can arise from metabolism (cholesterol, lipoproteins, etc.), from inflammatory processes (circulating immune complexes, Para-proteins, infectious toxins, haptens, etc.), or from a variety of sources, including environmental toxins (heavy metals, solvents, drugs, etc.). Such elements burden the entire organism and may lead to a variety of diseases.

After the pathogens are removed, clean, purified blood is introduced again into the patient's system. By removing these toxins, the metabolism, the immune system and self-healing can get back to a natural balance.

- **Cell symbiosis therapy**

The concept of Cell Symbiosis Therapy is the result of many years of research by Dr. med. Heinrich Kremer. The theory states that in the case of many chronic diseases, the energy in the mitochondria of human cells is disturbed. The reason for is partly due to a vitamin and nutrient deficiency. This can result in cancer, high blood pressure and rheumatism, lead to burn-out, irritable bowel syndrome, hay fever, allergies, asthma, eczema.

Based on a detailed laboratory analysis of blood, stool, urine and, sometimes, the saliva as well as a detailed medical history and physical examination, tailored vitamins, amino acids and enzymes via tablets or infusions are administered.

In case of reduced absorption, an infusion therapy would be preferred in order to bypass the intestine and to provide the cells with the necessary elements through the bloodstream.

- **Live cell whole extract therapy**

The treatment with live cell extracts (LCET) is an important part of THERA's complementary medical therapy concept, which is tailored individually to the patient. The goal is to reactivate organs or organ functions,

which perform their duties poorly, due to illness or the natural aging process.

The basic biological understanding is that sick, missing or reduced properly working cells can regenerate.

The body is thus able to restore balance on its own. That is why LCET is an effective therapy system.



- **Galvanotherapy**

The galvanotherapy is an electro-physical method, through which a direct current is introduced into the tumor.

In normal organ function (healthy tissue), the electric charges of the cells are separated. In tumor tissue, the electrical charges of the cells are not separated, generating a "short circuit".

One engages in this electrical system through Galvanotherapy and through changing the differences in electrical potential between normal and damaged tissue, a healing starts.

Speaks a tumor to the treatment electrode in, it comes in the tumor vessels and thereby lower closures to the death of the tumor (necrosis).

Through the massive migration of positively and negatively charged ions, the tissue and the micro-environment are so greatly disturbed, that the most sensitive tumor cells eventually die, sooner or later. Additionally, white blood cells (immune defense) gather around the anode mass, which may increase the local immune defense.

Due to these changes in the tumors, their growth can be inhibited, and a reduction in size of the carcinoma may be achieved.

Galvanotherapy is an outter-patient procedure - without surgery and the associated risks. It is minimally invasive - that is, the interference with the body is minimal and it is organ-preserving for the patient - without the usual mutilations. This therapy is a real opportunity to sucessfully address the cancer without the usual serious consequences.

- **Hyperthermia**

Since December 11, 2012 Thera clinic uses the medical system Oncotherm EHY-3010 in the Hyperthermia therapy.

The warming of tumor cells with the help of hyperthermia has been used since ancient times and studied scientifically for about 100 years. Oncothermia is combined with heat therapy with an electric field. This method can achieve better results with even higher quality thanks to this synergy.

The tumor tissue is very sensitive to heat. Due to the overheating of the cell, the metabolism is disturbed supporting the destruction of tumor cells. During the treatment the patient is lying on a treatment bed, in which an electrode is placed. A counter electrode is placed on the body region to be treated. Between the two electrodes, an electric field for the treatment is established. The focused electric field generates heat in the region to be treated.

Oncothermia treatment is free from side effects and is perceived by many patients as pleasant and relaxing. With Oncothermia, basically all tumor types at every stage of the disease can be treated. The method is used in doctors' offices, cancer centers and hospitals.

- **Oxyvenation therapy**

The therapy of supplying medical oxygen was developed over the course of 30 years by Dr. HS Regelsberger, MD. It is a safe, low-side-effects therapy which consists of slow and precise intravenous introduction of medical Oxygen (1–2 ml/min).

Due to the 8-fold increase in the formation of the circulation-promoting hormone prostacyclin (inhibitor of platelet aggregation), there is a strong vasodilation throughout the body. This is the result of the Institute of Clinical Pharmacology, Hannover Medical School (Prof. JC Fröhlich).

Another mechanism of action is created by "eosinophilia":

Eosinophilic granulocytes are capable of forming a fabric from the arachidonic acid cascade, which blocks the leukotriene synthesis. This leads to a strong anti-inflammatory effect. Tumor necrosis factor α 1 decreases in average by 50-70% (working from the Charité Berlin, Prof. Kühn)

- **Infusion therapy**

The objective of infusion therapy under the Cell Symbiosis Therapy concept, is to pick up deficiencies of certain micro and macro nutrients that are very often found through laboratory analysis. It is the basis for a meaningful regeneration and promotion of cells, specially mitochondrial function.

- **Ozone therapy**

The ozone therapy that is carried out at Thera clinic, is a special stimulation therapy, as there are many diseases for which it can be successfully used as treatment. It is feasible for almost all people. This naturopathic therapy has been known for decades, and has been proved invaluable in its global use by many specially trained doctors.

- **Vital field therapy**

There is a clear correlation between the level of the body's energies and the occurrence of chronic diseases. A low level of endogenous energy can be caused by damaging environmental influences such as electromagnetic fields or an unhealthy lifestyle, among others. The body can therefore no longer heal to the same extent as a healthy body.

The vital field therapy is about building the body's energy back and reducing stress loads, which can lead to the reduction of energy or performance. In this treatment, low intensity electromagnetic signals are used, as they are likely to be encountered in nature. The treatment is completely safe, painless and also suitable for children.

- **Classic homoeopathy**

Homeopathy is a targeted drug treatment, where great care is taken to find exactly the right drug for the disease process of each patient.

The method of homeopathic practice is based primarily on the observation of changes and symptoms in people. It is not speculative and it is not ideologically motivated.

For the drug selection, the symptoms of the patient are compared with the symptoms of medicament, drug studies, clinical observation and published results in the homeopathic literature.

Homeopathic drugs are prescribed because of the observation that substances that cause certain diseases in a healthy person, can also cure similar symptoms in sick people. This fact was already known in classical Greece and was systematically observed about 200 years ago by the German physician Dr. Samuel Hahnemann, who recognized its legality and formulated the principle of similarity. The confirmation of this principle has since been seen in an overwhelming number of practical cases.

- **Microcurrent therapy**

All healthy cells have, in addition to the anatomical structures, an electric force field. This electric field is mainly controlled by the electron and proton flux. All life processes, not only in humans, are dependent on this electron and proton flux between atoms and molecules. Health represents a harmonious flow of electrons because this also means a harmonious energy and information flow. Without these foundations, life cannot exist. Without the biophysics, life cannot be explained only biochemically.

With a toxin load, there is a blockage, which results in the loss of energy and information flow as well as transportation between the membranes (e.g. cellular or mitochondrial membrane). In diseased tissue, the energy charge of the cells drops sharply and, below a certain value, the cell is no longer useful.

In the micro-current therapy current intensities that are prevalent in a healthy body are used. Other therapies such as TENS (trans-cutaneous electrical nerve stimulation) or electrical stimulation, much higher current levels are used, resulting in the damaging or destruction of the physiological metabolic processes. The micro-current therapy, however, is different and follows the sg Arndt-Schultz Law:

"Weak stimuli foments life activity, moderately strong stimuli promote it, strong stimuli inhibit it, strongest annihilate it."

These endogenous currents engage effectively in the disrupted cell regulation and lead to demonstrable positive effects:

Significant increase in protein synthesis for repair by up to 70%

Significant increase in ATP synthesis (more "energy") by up to 500%

Improved energy-consuming transport processes in the cell by up to 40%

The biological effect through stimulating micro current begins where the body's own electrical power fails.

- **Biological hormone therapy**

The big difference between biological and synthetic hormones is clear: the supplied biological molecule is absolutely identical to the endogenous hormone, whereas the synthetic hormone has been changed and is no longer recognized by the body as endogenous.

Women are usually given fragments of hormones from the urine of pregnant mares, only they are never told that! Why is that so? Nature-identical substances, can not be patented, including hormones. And only through patented substances is it possible for the big pharmaceutical companies to make a lot of money. At least for a certain time, while there is a patent protection. Once the patent runs out, one small change in the substance can get a new patent and the cycle repeats itself.

- **Lyme disease treatment**

Bionic 880 photon therapy

The treatment of Lyme disease with photon and without antibiotics is now the standard treatment in many practices.

In an observational study, 108 persons were treated and observed as controls over a period of 3 years. The dropout rate is less than 5%, which can also not be excluded, in case of re-infections. In recent years, we have treated many patients successfully; that is, the patients are free of symptoms caused by Lyme disease.

- **Autohemotherapy**

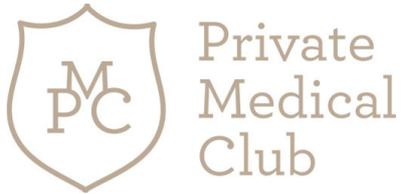
In the blood, all vital information is stored and transported throughout the body to the organs. That view is not exclusive to Chinese medicine. In the blood, an immensely large amount of information is recorded and submitted. Blood is the nutrient supplier and garbage disposer, all in one. In each blood cell is the information of the whole. And certainly one can also say that in every blood cell - as in every cell of the body - the consciousness of the whole can be found.

In the autologous blood therapy an amount of blood is defined, which is then taken from a vein and injected into the gluteal muscle. The "trick" is that when the blood of the bloodstream is introduced into another "unnatural" environment (muscle), your own body will prompt itself to respond to this stimulus.

- **Colon hydrotherapy**

Colonics and enemas are ancient healing methods with water and massage. Experience shows that there are hardly any people with a normal bowel function. Many people suffer from a disturbed symbiosis, i.e. the disturbance of the, usually positive, natural community of gut bacteria.

The treatment with the colon intestinal irrigation takes place in a comfortable supine position. During the 40-minute purge time, water, at varying temperatures flows through a plastic tube to the intestine. In a closed system, the water and the dissolved intestinal contents are drained odor-free through a drain hose. Through gentle abdominal massage, the therapist can palpate existing problem areas and improve help and support for the oldest deposits in the intestine. The dissolving action of the water and the simultaneous hot and cold stimulation of the intestine, cause it to start working properly again and automatically expel accumulated, stagnant intestinal contents.



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Furthemore, Thera Clinic offers the following therapies to their clients:

- Neural therapy
- Acupuncture
- Coaching / psychotherapy
- Intravascular laser blood therapy
- Aerotoxic syndrome treatment
- Chelation therapy
- Treatment of circulatory disorders
- Heavy metal detoxification