



a unique place  
devoted to **REHABILITATION**



VALMONT  
*Clinique privée de réadaptation*

SWISS MEDICAL NETWORK MEMBER

Dear Sir/Madam

For more than a century our establishment has welcomed patients in search of tranquillity and attentive treatment. This tradition continues today through its specialities: neurological and orthopaedic rehabilitation and disorders of the spinal column with or without surgical intervention.

Our multidisciplinary team is at the patient's service daily, providing the most advanced treatments in their field both competently and safely.

## Our Clinic



Clinique Valmont, situated in a delightful natural setting with breathtaking views of Lake Geneva and the Alps, offers an exceptional environment not only in terms of facilities but also on a human scale.

Acquired by the Genolier Swiss Medical Network in 2006, the Clinique Valmont has been entirely renovated whilst keeping its former charm intact. Rooms, Junior Suites and Suites offer hotel comfort in the tradition of Swiss hospitality.

Rooms conform to standards for the handicapped, ensuring optimal mobility for patients. The Clinique Valmont places all its strengths at the service of a single objective: to allow patients to regain their health capital.

### Key figures

- 59 beds
- 3 doctors
- 87 employees
- 500 admissions
- 2 VIP Suites, 2 Suites, 8 Junior Suites
- Technical infrastructure in excess of 1500 m<sup>2</sup>

# Medical services



## Neurological rehabilitation:

Neurological rehabilitation programs are designed to restore the main motor and cognitive faculties for everyday living and to reduce the impact of handicaps.

Structured programs are developed for each type of condition and are adapted individually.

## Diseases presented for diagnosis, treatment and rehabilitation:

- Strokes
- Parkinson's disease and other movement disorders
- Multiple sclerosis and inflammatory diseases
- Epilepsy
- Sleep disorders
- Alzheimer's disease, and other cognitive and memory disorders
- Degenerative diseases of the brain and cerebellum
- Migraines and headaches
- Disorders of the spinal cord
- Chronic pain
- Peripheral nerve disorders
- Myopathies
- Traumatic brain injury
- Neuro-ophthalmology, retina and glaucoma
- Intracranial and spinal cord tumours
- Rehabilitation linked to vestibular disorders

# Medical services

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## Orthopaedic rehabilitation and rehabilitation of the peripheral nervous system:

This type of rehabilitation concerns patients suffering from degenerative or inflammatory diseases of the bones, joints and spinal column.

It is also used following fractures with or without the insertion of prosthetic implants.



## The main pathologies treated:

- Prosthetic surgery (hip, knee, shoulder replacement)
- Trauma surgery (broken hip, pelvis, ankle)
- Multiple trauma patients
- Post-operative recovery from slipped disc
- Post-operative recovery from spinal fusion
- Post-operative recovery from spinal canal stenosis
- Chronic problems such as lumbago
- Inflammatory rheumatism such as rheumatoid polyarthritis or fibromyalgia

## An idyllic setting



A comfortable and peaceful environment is the basis for tranquil rehabilitation. With its suites, junior suites and different room categories, Clinique Valmont has the required standing to ensure the wellbeing and security of patients.

Rooms are adapted to patients with reduced mobility and are ergonomically designed to promote independence.

The "Côté Lac" restaurant welcomes you to a charming ambience where you will find the Alps and Lake Geneva already seated at your table. The Chef proposes a semi-gastronomic menu which is both balanced and inventive, prepared using seasonal products. A special nutritional menu is also available, together with a wide range of wines to complement your meal.

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